

Dr. Shereen Gul

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PROFESSIONAL PROFILE

Dr. Shereen Gul is a distinguished academic specializing in International Relations, Security Studies, and Strategic Studies, with a particular focus on South Asian geopolitics and maritime security. She holds a PhD in Political Science and has earned two gold medals in her Master's and MPhil programs. Dr. Gul's research explores Pakistan's external security challenges, the evolving dynamics of Sino-India relations in the Indian Ocean, and their implications for Pakistan's strategic interests. Her publications provide valuable insights into regional security and policy options for navigating the complex geopolitical landscape.

RESEARCH WORK

Publications

- Gul, S. **“China’s Pivot to Central Asia: Sino-Russian Strategic Partnership or Asymmetrical Relations?”** Competitive Research Journal Archive, March 2026, Vol, 04, No.1. <https://thecrja.com/index.php/Journal/article/view/246/270>
- Gul, S. **“Applicability of Hybrid Warfare in Pakistan: Challenges and Policy Options”** The Journal of research Review, January 2026, Vol, 03, No. 01. <https://thejrr.com/index.php/39/article/view/301/34>
- Gul, S. (2026). **Socioeconomic Inequalities as Catalysts for Radicalization and Extremism in Pakistan: Implications for National Security.** *Social Sciences & Humanity Research Review*, 4(2), 2899-2907. <https://doi.org/10.63468/>
- Gul, S. ., & Ahmad, R. . (2026). Role of Soft Power, Cultural Diplomacy, and Public Diplomacy in Strengthening International Relations. *Research Journal for Social Affairs*, 4(3(s4)), 113-123. [https://doi.org/10.71317/RJSA.004.03\(s4\).0972](https://doi.org/10.71317/RJSA.004.03(s4).0972)
- Gul, S. **“Recalibrating US policy in South Asia post-Afghanistan: Strategic Implications for Pakistan”** Margalla Papers, December 2024, Vol, 28, N0. 2, <https://margallapapers.ndu.edu.pk/site/article/view/280>
- Gul, S. **“An Appraisal of Sino-Pak Strategic and Economic Partnership in New Security Paradigm: Prospects & Challenges”** Pakistan Journal of International Affairs, June 2023, Vol. 6 No. 2, ISSN; 2664360X <https://doi.org/10.52337/pjia.v6i2.803>
- An Abstract in V. ASC 2023/Congress hosted by MNS University of Agriculture, Multan, titled **“USA’s Policy towards South Asia in the Aftermath of Withdrawal from Afghanistan: Analyzing Implications for Pakistan”** May, 2023
- PhD Dissertation on, **“Sino-Indian Relations in Indian Ocean: Prospects & Challenges for Pakistan”**
- M.Phil. Thesis on **“Strategic Outlook of External Security Challenges: Prospects and Policy Options for Pakistan (2010-2015)”**
- Master's Thesis on **“Pakistan-Turkey Relations”**.

PROFESSIONAL DUTIES, WORKSHOPS/ TRAINING/CONFERENCES

- Working as a Coordinator of the MPhil International Relations at Department of Political Science and International Relations, The Women University, Multan.
- Attended, organized and served as a departmental focal person on a two-day International Conference, titled, **“Multinational Conference on Learning in the Digital Age: Preparing Generation Z for the Future”** on 15-16 December 2025 held the Women University Multan.

- Attended a One-Day Training Session on “Outcome Based Education and its Fundamental Elements” on 05 December, 2025, organized by Quality Enhancement Cell, The Women University, Multan Attended and served as an organizer in 16th Global Conference on Humanities Commerce & Social Sciences GCHCSS-25 Multan jointly organized by Bahauddin Zakariya University Multan, & Evolution EduTech Pakistan in Collaboration with The Women University Multan held in BZU Multan on 02-03 December 2025.
- Attended a one-day seminar on “Ventures and Opportunities for Women Empowerment and Community Policing” held on 26 November, 2025 at the Women University Multan.
- Attended a workshop on "Rise of AI-Preneurs and Everything Apps: Pioneering the Next Wave of Governance and Leadership" on 26 march 2025 in the Women University Multan.
- Attended and served as part of the administrative support team during the Sci-Arts Conference held on 16-17 February 2025.
- Attended a 4-week workshop by National Outreach Program for Higher Education (NAHE) for Higher Education Faculty and awarded by completion certificate by National Academy of Higher Education (NAHE) from 6-01-2025 to 31-01-2025, held at the Women University Multan.
- Presented an Abstract in V. ASC 2023/Congress hosted by MNS University of Agriculture, Multan, titled” USA’s Policy towards South Asia in the Aftermath of Withdrawal from Afghanistan: Analyzing Implications for Pakistan”
- Served as Administrative Assistant in ORIC, the WUM, w.e.f. 06-12-2018 to 09-02-2020.
- Attended a Two- Day Punjab Higher Education Commission Training/Workshop for University Teachers on “Producing Quality Research in Social Sciences”, on 18-19 December 2017 at Staff Development Authority, Lahore.

ACADEMIC DETAILS & KEY ACHIEVEMENTS

- **PhD Political Science** Bahauddin Zakariya University Multan
- **M.Phil. Political Science** Bahauddin Zakariya University Multan (Gold Medal)
- **Master's in International Relations** Bahauddin Zakariya University Multan(Gold Medal)

MAJOR SUBJECT MASTERS, M. PHIL& PhD

Foreign Policy Analysis, International Political Economy, Theories of International Relations. Research Methodology, Conflict Resolution, Defence, and Strategy Studies. Political Ideologies, International Organizations.

Research Area

- Security Studies,
- South Asia, Indo-Pacific Region.